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# DIGGING OUT: HOW TO HELP A HOARDER



Real Life Help Books, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.\*\*\*WINNER OF THE BELLAONLINE BOOK AWARDS. BEST SELF HELP GOLD AWARD 2014.\*\*\* Today, hoarding is recognized as both a symptom of other conditions and a syndrome of its own. Our personal experiences with family hoarders taught us about the tremendous emotional toll it takes on those who live or love hoarders. Unlike the hoarding therapy...

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- Authored by Lori Phillips
- Released at 2013



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